Community

Volunteer for NCHS Community Health Events
Please e-mail volunteer@nchs-health.org to inquire about the NCHS community & health awareness events schedule and how to get involved!

Weekly Community Food Distribution
Create a positive impact on your community by volunteering for NCHS’ Community Food distribution! Through this rewarding opportunity volunteers assist with registration and distributing food items to families and individuals in need. Join the cause and help end hunger in your community today.

Location and & Time Commitments:

- **San Marcos**, Located off of Twin Oaks Valley Road), 1st and 3rd Wednesday 10-1 PM every month (flexible commitment)

- **Oceanside**, Melba Bishop Community Recreation Center, 2nd and 4th Tuesday every month 9:30-12 PM (flexible time commitment)

Requirements: Please e-mail volunteer@nchs-health.org to sign up for a shift(s)

Preferred Skills: Bilingual in Spanish (not required), great attitude, and able to lift up to 25 lbs.
**Community Outreach Internship**

The NCHS Community Outreach Department seeks highly personable individuals to join the team! The Community Outreach Intern will assist in outreach activities and community events that increase community awareness of the services and programs provided by North County Health Services. Through training, mentorship, and routine interactions, interns learn new skills, expand their networks, and achieve personal and professional growth.

**Locations:**

- San Marcos Health Center, 150 Valpreda Road San Marcos, CA 92069
- Perris Health Center, 1675 North Perris Blvd, Suite G1 Perris, CA 92571

**Positions Available:** 2

**Time Commitment:** One semester or 3 month minimum commitment, schedule is flexible to availability of volunteer (required at least 12 activities per month), and quarterly volunteer meetings.

**Requirements:** NCHS volunteer application, 2-step interview, TB test and background check (provided by NCHS), access to e-mail, and reliable transportation.

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**Elevate Youth California- Peer Advocate Internship**

Are you a High School student looking for an internship? This is for you! The Youth Substance Use Disorder (SUD) Prevention Intern will be participating on a grant targeting underrepresented youth with the purpose to help with the planning and implementing of at least one SUD prevention project, to raise awareness on the importance of SUD prevention in their communities. This is an opportunity for the intern to learn and practice leadership, public speaking and advocacy skills. Through the guidance and support of the Youth SUD prevention leader, the intern will succeed in positively impact their community through community engagement with the end goal of reducing the spread of substance use while advocating for environmental change.

**Locations:**
San Marcos

**Positions Available:** 10

**Time Commitment:** TBD

**Requirements:** NCHS volunteer application, 2-step interview, TB test and background check (provided by NCHS), access to e-mail, and reliable transportation.
Elevate Youth California- Lead Advocate Internship
Are you a Master student looking for an internship? Are passionate and would like to see change in your community? This is for you! The Youth Substance Use Disorder (SUD) Prevention Intern will be participating on a grant targeting underrepresented youth with the purpose to help with the planning and implementing of at least one SUD prevention project, to raise awareness on the importance of SUD prevention in their communities. This is an opportunity for the intern to learn and practice leadership, public speaking and advocacy skills. Through the guidance and support of NCHS Staff, the intern will succeed in leading a group of Hispanic/Latino youth to positively impact their community through community engagement with the end goal of reducing the spread of substance use while advocating for environmental change.

Locations:
San Marcos

Positions Available: 1

Time Commitment: TBD

Requirements: NCHS volunteer application, 2- step interview, TB test and background check (provided by NCHS), access to e-mail, and reliable transportation.

Clinic

Questions about Clinical Internships or Rotations?
Are you a current student completing a medical track program (Medical Assisting, Nursing, Physician Assistant, Medical School, Pharmacy) and have questions about a clinical internship or rotation with NCHS? Please contact volunteer@nchs-health.org.

**Due to high demand in clinical internships, NCHS is limited to accepting students from select Southern California universities only. Please inquire for more information.