

# DONOR BULLETIN



a california *health+* center

*NCHS Donor Bulletin*  
November 2018 / Issue 4

## Breaking News.

### Mission Mesa Women's Health Center Grand Opening

#### Ribbon Cutting Ceremony

This newly renovated health center better serves the community with improved efficiency, enhanced care delivery, and an increased capacity of 66%. Our specialized support services for pregnant mothers includes care not only from a clinician, but also care from health educators, registered dietitians, lactation consultants and behavioral health specialists to support mothers throughout all stages of their pregnancy. This collaborative model has allowed NCHS to achieve prenatal outcomes that far exceed both state and national averages--specifically for breastfeeding, cesarean, and premature birth rates.

We believe that this investment in the health of pregnant mothers is an investment in the health of future generations!



#### NCHS Board of Directors

Carmen Amigon

Adriana Andrés-Paulson

Victor Botello

Harriet H. Carter, Esq.

Craig Jung

Steve Kildoo

Maria Mercado

Mike Michaelson

Karen Pearson

Andrés Ramos Martin

Andrew S. Rinde

Jessica Sanchez

Jenny Smerud

Walt Steffen

Donald Stump

Dr. Phil Yphantides

**NCHS  
Fund Development  
Committee**

# North County Philanthropy Council Volunteer of the Year Award

## Karen Pearson

At the this year's NCPC Volunteer of the Year Awards Luncheon, Karen Pearson will be honored as the NCHS Volunteer of the Year! Karen has extensive experience in business development and public relations, providing key insights into developing significant relationships with donors in North County. Karen serves on both the Board of Directors and the Fund Development Committee. She and her husband, Ray, also served as the chairs for the 2018 NCHS *Una Noche Mas* Gala.



Congratulations and thank you Karen Pearson!

## Save The Date

### Ramona Health Center Opening Thursday, January 24th

The NCHS Ramona Healthcare Center will soon move to its new home at the former Sears building on 220 Rotanzi Street.

This newly remodeled, state-of-the-art health center now features the following:



- Additional 3,000 square feet of space
- 3 additional exam rooms
- 2 additional behavioral and medical treatment rooms
- Addition of 2 dental procedure rooms
- Modern design and finishes

Please plan to join us in celebration of the opening of the new NCHS Ramona Health Center on Thursday, January 24th, 2019.

## Save The Date - Thursday, April 6th 2019

Carmen Amigon

Deborah Haydis

David Engblom

Steve Kildoo

Karen Pearson

Debbie Thompson

### NCHS President's Circle Members

Carmen Amigon

Sheila Brown

Harriet Carter

Kelly Crews

David Engblom

Craig Garcia

Gigi Gleason

Deb Haydis

Craig Jung

Michael Kennedy

Steve Kildoo

Andrés Martín

Peggy Martin

Meg Norton

Karen Pearson

Stacy Rungaitis

Rich Talmo

Debbie Thompson

Donna Vargo

SAVE THE DATE

04.6.19

— NCHS 2019 GALA —

THE WESTIN CARLSBAD RESORT & SPA

For more details contact

Lynn Hunter at

760.736.8669 or [lynn.hunter@nchs-health.org](mailto:lynn.hunter@nchs-health.org)

## NCHS Fund Development Team

Lynn Hunter  
Fund Development Director  
(760)736-8669  
[lynn.hunter@nchs-health.org](mailto:lynn.hunter@nchs-health.org)

Jennifer Pena  
Fund Development Specialist  
(760)736-6710  
[jennifer.pena@nchs-health.org](mailto:jennifer.pena@nchs-health.org)

McKenna Winn  
Fund Development Specialist  
(760)736-8648  
[mckenna.winn@nchs-health.org](mailto:mckenna.winn@nchs-health.org)

## Stay Connected



[nchs-health.org](http://nchs-health.org)

## Our Supporters.

### Ramona Community Foundation

NCHS is proud to announce we received a \$5,000 Ramona Community Foundation grant to purchase a NOMAD Pro 2 portable dental x-ray machine for our new NCHS Ramona Health Center. This purchase will allow NCHS to increase our capacity to offer dental care while greatly improving dental health outcomes among under-served, low income, and minority residents of Ramona for years to come.



### Parker Foundation

NCHS is proud to announce we received a \$20,000 Parker Foundation grant to continue our pediatric group visits for children with obesity, known as PowerKids! and JumpStart! at the NCHS Mission Mesa Pediatrics Health Center. This program will help children gradually establish better diet and exercise habits by working with their families to make long lasting changes in a fun, kid-friendly atmosphere.



*Thank you, Ramona Community Foundation and the Parker Foundation for assisting NCHS in providing a healthier community for all!*

# Our Patients.

---

## Here is what our patients have to say...

*"Shana was **AMAZING**, I had an emotional breakdown during our visit. I am going through a ton of major hardship and in the process of eviction, and I recently fell down stairs at my place that have been falling apart since I moved in. Shana offered to go the extra mile and was there for me and offered to do a detailed report regarding my symptoms and condition. She was so nice, she helped me feel a little better. I give her the highest recommendation possible."*

*- Tena R.*

# Ways to Give.

---

## Please consider joining the President's Circle



President & CEO, Barbara Kennedy

**The President's Circle** was created to help provide a source of unrestricted support to aid our President/CEO as she addresses the organizations most pressing needs.

Membership allows you to support our healthcare providers, enhance the success of programs and services while ensuring a healthier standard of living for our 65,000+ patients.

**Welcome** to our newest President Circle member Michael Kennedy.

To learn more contact Lynn Hunter  
760/736-8669 or [lynn.hunter@nchs-health.org](mailto:lynn.hunter@nchs-health.org)

---

*Do your little bit of good where you are; it's those little bits of good  
put together that overwhelm the world*

- Desmond Tutu