

**North County Health Services**

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**NCHS to Host Wellness Event in Ramona**

*The Healthcare Provider Partners with the Ramona Library and Vista Hill SmartCare on May 3<sup>rd</sup>, 2018*

North County Health Services (NCHS), a leading healthcare provider in San Diego, will be hosting a wellness event in Ramona, California, on Thursday, May 3<sup>rd</sup>, 2018.

For more than 40 years, NCHS has provided accessible, affordable healthcare solutions for the people of San Diego. NCHS has 13 facilities that serve North San Diego County as well as patients in the Inland Empire.

On Thursday, May 3<sup>rd</sup>, NCHS will host a fun and informative wellness event in collaboration with the Ramona Library and Vista Hill SmartCare. The event will be held at the Ramona Community Library from 3:00 – 6:00 p.m. The event is free and open to the public and is suitable for people of all ages. On site, there will be food, entertainment, interactive activities, community resources and free wellness screenings provided.

“At NCHS, it’s our job to ensure our patients feel their best,” said Alisha Cordova, Community Engagement Project Manager of NCHS. “We do this by not only making sure our patients’ health is the best it can be, but by getting our clients involved in the community with engaging events.”

Representatives from the [Ramona NCHS](#) will be on site to answer questions about the clinic’s services.

**About NCHS**

NCHS was founded in 1971 to serve the rural areas of Ramona, Pauma Valley and San Marcos in North San Diego County, California. Its goal is to improve the health status of Southern California’s diverse communities by providing quality healthcare that is comprehensive, affordable, and culturally sensitive. For more information, visit <http://www.nchs-health.org/>.