

BRIEFLY

CARDIFF Library's centennial event set on Saturday

The Cardiff-by-the-Sea Library is celebrating its 100th birthday at 10:30 a.m. Saturday at 2081 Newcastle Ave. Musician Todd Pyke will perform and "Captain Book" and the Good Ship Literacy" will entertain children. Historical photos of the library will be on display. There will also be a half-price used book sale in the bookstore. Call (760) 753-4027.

CARLSBAD Optimist Club selling fundraising booklets

The Carlsbad Village Optimist Club wishes to share its 2014 Carlsbad restaurant coupon booklet with other local clubs and organizations. This fundraising booklet includes 25 participating restaurants and costs \$10. All coupons are valid through Dec. 31. Booklets can be customized. Proceeds from sales will be shared equally. For information, call (760) 390-5788 or email rcvthee@earthlink.net or rcvthee@earthlink.net.

ENCINITAS Help for health care enrollment available

North County Health Services is offering its last



NORTH COUNTY

Club honors member for service

GFWOC Contemporary Women of North County recently honored Joan Hamilton (right) for five years of active participation in the club, which is a member of the General Federation of Women's Clubs, an international women's volunteer organization. Pictured with Hamilton is Kathleen King. The club's next meeting is at 6:15 p.m. April 14 at the San Marcos Senior Center, 111 Richmar Ave., San Marcos. Email membership@cwonc.org or visit cwonc.org.

free Health Care Reform assistance application event from 3:30 to 7:30 p.m. Monday at the Encinitas Library, 540 Cornish Drive. The deadline for Covered California open enrollment is March 31. Locals can sit with enrollment counselors, check eligibility for health insurance and submit applications online. Call (760) 736-6734.

ESCONDIDO Travel group has more room for Laughlin trip

The Escondido Senior Travel Service still has spots available for its three-day,

two-night trip from April 8-10 at the Riverside Casino in Laughlin, Nev. Cost is \$109 for a double room and includes bus transportation, driver gratuity, accommodations and some meals. Reserve at (760) 745-5414.

FALLBROOK Women's group to hold fashion show

Fallbrook Women's Connection is presenting a spring fashion show from 10 a.m. to noon Friday at the Grand Tradition Estate and Gardens, 220 Grand Tradition Way. All women in the area are invited to

FALLBROOK

Resident named Training Officer of the Year

Fallbrook resident Jack Fry was named Training Officer of the Year at a ceremony on the USS Midway for his outstanding work training first responders. Fry, a former Los Angeles Fire City Captain II, received the Medal of Valor in 1985 from the California State Firefighters Association and L.A. Fire Department. Fry also works with the California Office of Emergency Services, traveling throughout the state teaching first responders how to respond to hazardous materials calls.



attend as there will be fashion appealing to women of all ages. The program's guest speaker will be business owner Shelly Weaver who will present "How She Bloomed Where She Was Planted." Local singer Cindy James and pianist Jean Dixon will perform. Cost is \$20 and includes brunch. Free child care is provided with reservations. Reserve at (760) 723-8638 or (760) 731-7025 or email fallbrookwomen@roadrunner.com.

'Metabolic tuneup' class held Mondays

Fallbrook Seventh-day Adventist Church is sponsoring a weekly "Wellness and Optimal Health" class with Dr. Wes Youngberg from 6 to 7:30 p.m. Mondays from March 24 to June 2 at 1200 Old Highway 395. The class focuses

on developing a "metabolic tuneup" for those who deal with fatigue, headaches, heart disease, diabetes/pre-diabetes, adrenal problems, cancer risk, anxiety, depression, weight gain, digestive problems, hypertension or dementia. Those who want to optimize their health are also encouraged to attend. Register at fallbrookadventist.org or call (760) 723-7733.

NORTH COUNTY Mystery donor makes partnership possible

The Helen Woodward Animal Center's AniMeals Program of Rancho Santa Fe recently celebrated its new partnership with the Angel's Depot in Vista to provide food for pets of low-income seniors. The partnership was made possible by the anonymous donation of a former AniMeals volunteer who died in 2013. AniMeals provides regular meals free of charge for the dogs and cats of homebound elderly and disabled persons. Visit animalcenter.org.

OCEANSIDE Donations sought for church rummage sale

Student Ministries of First Presbyterian Church of Oceanside is accepting donations for an upcoming rummage sale to be held April 5. Toys, electronics,

kitchen ware, appliances, clothing, sporting goods, furniture, home decor, jewelry and more will be accepted between 9 a.m. and 8 p.m. from March 31 to April 4. Donations may be brought to the church gym, 2001 S. El Camino Real. Proceeds benefit middle school and high school ministry events. Call (760) 757-3560.

VISTA Know someone who has a heart for kids?

The Boys & Girls Club of Vista is seeking nominations for its Have a Heart for Kids Award. This award is open to any individual who has contributed to the benefit of local youths through example and leadership. Last year's winner was Jack Flaherty of the Vista Skate Coalition. The next winner will be honored during the club's Diamond Ball to be held May 17. Nominations are due by April 11. Mail submissions to: Boys & Girls Club of Vista, c/o Matt Koumaras, 410 W. California Ave., Vista, CA 92083, or email matt@bgcvista.com.

Watch, clock chapter to gather Saturday

The Vista Chapter of the National Association of Watch and Clock Collectors will meet from 6:30 to 8 p.m. Saturday at the McClellan Senior Center, 1400 Vale Terrace Drive. This group of clock and watch enthusiasts meets the fourth Saturday of every month. Visit community.nawcc.org/chapter136/home or call (760) 594-4500.

Literary society to hold public reading

The Village Idiots Literary Society will hold a reading from 1 to 3 p.m. Saturday at Arthead on Main Street, 330 Main St. Members of the public are

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