

NEWS RELEASE
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FOR IMMEDIATE RELEASE

North County Health Services (NCHS) Inaugural Trek or Treat 5K Run Walk

Trek or Treat 5K Run Walk to help expand pediatric healthcare services

San Marcos, Ca. August 31, 2015 -- Trek or Treat, who has the fastest feet? North County Health Services (NCHS) inaugural Trek or Treat 5K Run Walk will take place on October 25th at Walnut Grove Park in San Marcos and will serve to expand pediatric healthcare services here in North County. Join us for a spooktacular day of fun including a mini-monster dash for children, kids costume parade, music, food, trick or treating and so much more.



Event: 5K Run Walk
When: Sunday, October 25th
Registration: 7:30am-8:45am
5K Run Walk Start Time: 9:00am
Mini-Monster Dash Start Time: 10:00am

Where: Walnut Grove Park
1950 Sycamore Drive
San Marcos, CA 92069

Media Note: plenty of great photo and interview opportunities

To register please visit our website at: <http://www.nchs-health.org/ways-to-give/trekortreat5k/>.

If you are not a runner or walker, no sweat! There are other ways you can support this event. Visit our [website](#) for a more detailed description of our sponsorship opportunities.

When our children are provided basic healthcare services, we strengthen the health of our community.

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North County Health Services is a private not-for-profit organization that serves over 55,000 patients annually at 10 community health centers in Carlsbad, Encinitas, Oceanside, San Marcos and Ramona, and through two mobile clinics. NCHS has been providing affordable, quality & comprehensive care to members of our north San Diego County communities who are uninsured or underinsured for over 40 years. Services at NCHS include pediatrics, obstetrics, gynecology, dental care, radiology, pharmacy and transportation services as well as community health outreach, prevention and disease management programs. We accept private insurances, Medi-Cal and Medicare. If you are uninsured, you may be eligible for low or no-cost programs based on your income, qualify for a discount or use our monthly payment plan. For more information, visit www.nchs-health.org or call 760-736-6767.