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News Briefs: free flu shots, child safety storytime and more



Free flu shots will be offered at Ramona Food & Clothes Closet on Oct. 19.

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Free [flu](#) shots

Ramona Food & Clothes Closet has collaborated with North County Health Services to come to the Oct. 19 Feeding San Diego Mobile Pantry and help community residents with free flu shots. Donations are accepted and greatly appreciated.

The flu shots will be given from 8 to 11 a.m. while supplies last.

There will be two separate lines: one for the free flu shots and one for the mobile pantry that starts at 9 a.m. and goes until the food is gone (generally about 30 minutes). Both will be held in the parking lot of the Ramona Food & Clothes Closet at 773 Main St.

There also will be a Fill a Bag sale in the parking lot where patrons can fill a \$1 or \$5 bag of clothing.

“As always, if you would like to volunteer with the mobile pantry or Fill A Bag at 8 a.m., please give us a call at 760-789-4458. You do get the benefit of getting your food first without waiting in line,” said Vesna Curry, Ramona Food & Clothes Closet manager.

Child Safety Storytime

Parents can learn about child safety at Ramona Library, 1275 Main St., at 10:30 a.m. Oct. 19, while library staff entertain their children with a storytime and activities.

Representatives from The Children’s Initiative and The Childhood Injury Prevention Program will teach parents about falls, burns, drowning, poisoning, car safety, furniture safety, and safe sleep. Free home safety kits will be provided and there will be opportunity drawings.

The event is funded by First 5 San Diego. Those planning to attend should RSVP to the library, 760-788-5270.

Plant sale

Ramona Garden Club will hold its annual Fall Plant Sale on Saturday, Oct. 21, from 9 a.m. to 3 p.m. in the Ramona Library parking lot. Vendors, a variety of plant, crafts and gently used garden decor will be featured.

Car show benefits seniors

Owners of hot rods, classics, customs, muscle cars and trucks are invited to participate in the Car Show benefiting Ramona Senior Center in the center parking lot, 434 Aqua Lane, on Saturday, Oct. 28, from 10 a.m. to 2 p.m. Free hot dogs and drinks provided by the Ramona American Graffiti Cruisers will be available. Donations from participating vehicle owners are requested. All money from vehicle donations and opportunity drawings will go to the senior center.

For more information, contact cruiser Leroy Clubb at 619-980-3647.

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