North County Health Services (NCHS) is excited to announce our inaugural Trek or Treat 5K Run Walk will take place on October 25th at Walnut Grove Park in San Marcos and will serve to
expand pediatric healthcare services here in North County. Join us for a spooktacular day of fun including a mini-monster dash for children, kids costume parade, music, food, trick or treating and so much more.

**Event: 5K Run Walk**

**When: Sunday, October 25th**

**Registration: 7:30am-8:45am**

**5K Run Walk Start Time: 9:00am**

**Mini-Monster Dash Start Time: 10:00am**

**Where: Walnut Grove Park**

1950 Sycamore Drive

San Marcos, CA 92069

To register please visit our website at: [http://www.nchs-health.org/ways-to-give/trekortreat5k/](http://www.nchs-health.org/ways-to-give/trekortreat5k/).

If you are not a runner or walker, no sweat! There are other ways you can support this event. Visit our website for a more detailed description of our sponsorship opportunities.

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