



News | Business

Get Free Chick-fil-A and Robeks Smoothies in North County

North County Health Services kicks off National Nutrition Month with free and healthy breakfast samples.

Posted by Michelle Mowad (Editor) , March 03, 2014 at 04:38 PM



North County Health Services

Boards [More >](#)

Got a question? Something on your mind? Talk to your community, directly.

Post something

More ▾

Town Square

LCC Garage Sale March 23

Speak Out

La Costa Canyon 2014

Speak Out

Carlsbad Chamber recognizes

The Most Gorgeous Tan
No Orange, No Streaks, No Smell. Get A Gorgeous Tan For All Skin Types.
[Click Here Now](#)

TanPhysics.com

Sponsored Links

Chuze Fitness
Less Attitude. More Fitness. Try The Chuze Difference Today!
www.ChuzeFitness.com

LifeLock® Official Site
Help Protect What's Important To You.
www.LifeLock.com/protection

Buy and Sell Penny Stocks
California 3 reasons you're going to want to read this...
www.invests.com

Lifestyle [See more >](#)

- Learn to Make Buttermilk Fried Chicken at Home
- 15-Minute Meal: Broiled Salmon with Asparagus
- Cooking at Home: Sneaky Healthy

(NCHS) wants to help North County residents make their "most important meal of the day" even healthier.

To kick off March's National Nutrition Month, North County Health Services (NCHS) will partner with Chick-fil-A and Robeks to provide healthy breakfast options to the North County community during the week of March 3 to 7.

National Nutrition Month aims to create a healthier community by making more informed food choices and developing sound healthy eating habits. In line with NCHS' mission for a healthy North County community, Chick-fil-A and Robeks will partner to provide free samples to patients at NCHS' San Marcos and Oceanside (Loma Alta) clinics.

9 a.m. on Tuesday, March 4

- Samples to the first 100 people
- NCHS Oceanside, 605 Crouch St., Oceanside
- Sponsored by Chick-fil-A

8 a.m. on Wednesday, March 5

- Samples to the first 100 people
- NCHS San Marcos Health Center, 150 Valpreda Rd., San Marcos
- Sponsored by Robeks

—North County Health Service



More ▼

From the Web

Sponsored Content by Taboola



Must Have Appliances Being sold For Next To Nothing
QuiBids



This 1 Exercise Accelerates Aging In Your Body (Avoid)
Old School New Body



7 Signs of an Unhealthy Heart
Caring.com



27 Foods You Should Never Buy Again
Reader's Digest



Top 10 Athletes Turned Actors of All Time
Rant Sports



Kate Middleton's Bizarre Behavior at Event Gets Everyone Talking
Tasty Articles

Trending Now on Patch

- [Man Survives on Cheese Pizza for 25 Years – What's Your Weird Food Obsession?](#)
- [Moms To Staples: Guns Don't Belong in the Aisles With Notebooks And Pencils](#)
- [Trending: 5-Year-Old Gets Unhappy Meal at McDonald's](#)
- [Could Mental Health Screenings Help Prevent Teen Tragedies?](#)

Business Updates

MULTI-GENERATIONAL

Business Updates

CHECK OUT the New Graphic

Speak Out

The San Diego Foundation

Town Square

Here's How You Can

Town Square

Farmers' Markets and More

Town Square

Actress Kathy Najimy to

Buy | Sell | Trade

CHS Girls LAX Garage Sale -

Town Square

SDSU sets Business of

Town Square

La Costa Film Festival

Speak Out


Vinnie Zellefrow Memorial

Speak Out

Mac and Cheese



San Diego Continuing Education, Community Education Program presents:



Learn Critical Financial Strategies for Successful Retirement

More from Patch

- This Carlsbad Intersection Will Be Closed For Several Weeks
- Teen Accused of DUI Related Fatal Hit and Run in Carlsbad
- Bodies Found in North County Home, Appears to be Murder-Su...
- Carlsbad Doctor Helps North County 'Go Red'

More from the Web

- Forget tattooing your brows and try this... (Dermstore)
- 14 Social Security Benefits You Haven't Been Taking (Newsmax)
- Millennials are Drinking so Much Wine They'r... (The Huffington Post)
- Parts of a Whole: Building a Timeless Wardrobe (The Line)

Promoted Content by Taboola

Comments

[+ Leave a Comment](#)



Auto Loan Refinancing

[Buy | Sell | Trade](#)

Lace Wedding Dresses

[Buy | Sell | Trade](#)

Rising Hearts Bakery

Business Updates

OPEN HOUSE TIPS FOR

Speak Out

No quick fix to losing

Business Updates

Real Living Lifestyles

Speak Out

need employees

Town Square

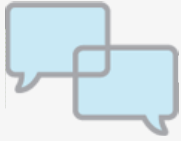
CHS Lancer Dancers

3 1

[More Boards >](#)






Find your Patch Start a Blog



What do you think of the
New Patch?

Let us know.

Connect with Patch

-  Get the newsletter
-  Follow us on Twitter
-  Like us on Facebook

Post Something

- Post on the Boards
- Post an Event
- Write a Review
- Start a Blog

Your Account

- Sign In
- Join Patch
- Why Join?

Help

- Solve a problem
- Tips & Help
- Contact us

Patch Info

- About us
- Jobs
- Terms of Use
- About our Ads
- Privacy Policy
- Patch Blog

Partner with Us

- Advertise
- Claim your listing
- Add your business
- PatchU
- Volunteer